

 Contact Number Email Address

 01204 309206 gmicb-bol.gp.p82023@nhs.net

Mandalay Medical Centre

Newsletter

**Prescriptions**

We are unable to take prescription requests over the phone. Our preffered method to order would be via email to **gmicb-bol.gp.p82023@nhs.net**

 Alternatively requests can be made in writing and placed in the box in reception.

**Vaccines teach your immune system how to create antibodies that protect you from diseases. It's much safer for your immune system to learn this through vaccination than by catching the diseases and treating them. Once your immune system knows how to fight a disease, it can often give you life long protection.**



**World Cancer Day is an international day observed every 4th February to raise awareness about cancer, encourage its prevention, and mobilise action to address the global cancer epidemic.**

Are you up to date with your smears?

Have you completed the bowel screening kit?

Been for your breast screening?

**Symptoms or concerns – please contact reception to book an appointment.**

**RSV Vaccine**

The RSV vaccine helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill. It's recommended during pregnancy and for adults aged 75 to 79.

Shingles Vaccine

The shingles vaccine helps protect against shingles. It's recommended for all adults turning 65, those aged 70 to 79 and those aged 50 and over with a severely weakened immune system.



**Pneumococcal Vaccine**

The pneumococcal vaccine helps protect against serious illnesses like pneumonia and meningitis. It's recommended for people at higher risk of these illnesses, such as babies and adults aged 65 and over.

If you are unable to attend your appointment please let the surgery know, we can then allow another patient to be seen in your place.

Think Measles – it’s not just a kids’ problem

It’s never too late to have your MMR vaccination

Please remember to follow us on Facebook

Mandalay Surgery Notice Board